

# spa treatment menu portofino

# packages

#### signature package

lose yourself in an 80 minute therapeutic massage, 50 minute Youthful Glow Skin Illuminating Facial and a 50 minute Remineralizing Wrap

#### sea escape package

indulge in a true escape of your senses with a rejuvenating 50 minute custom facial, 50 minute therapeutic massage and a 50 minute Firming Wrap

#### spa sampler

delight in a 30 minute customized facial, 30 minute sea scrub and a 30 minute therapeutic body milk massage







# HydraFacial <sup>TM</sup>



HydraFacial is an invigorating treatment that delivers long-term skin health and can be tailored to meet the specific needs of all skin types. While the normal HydraFacial protocol is a 30 minute treatment, it offers instant, noticeable results with no downtime or irritation. The HydraFacial treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums. The treatment is soothing, refreshing, non-irritating and immediately effective.

#### Signature HydraFacial<sup>TM</sup>

this treatment deeply cleanses, extracts, and hydrates the skin utilizing super serums filled with antioxidants, peptides and hyaluronic acid.

#### Deluxe HydraFacial TM

this is an invigorating treatment that includes all the essentials of the Signature HydraFacial™ while addressing your skin concerns with advanced solutions to address your specific need. This treatment includes LED Light Therapy to further enhance therapeutic outcomes.

The Deluxe HydraFacial™ options:

#### I.RESTORATIVE HYDRAFACIAL<sup>TM</sup>

CTGF™ (connective tissue growth factor) to improve the appearance of skin tone, texture, and elasticity and aids in antiaging.

#### 2. CLARIFYING HYDRAFACIAL<sup>TM</sup>

Extended extractions and both red & blue LED Light Therapy for oil congested skin, inflammation and bacteria.

#### 3. RADIANCE HYDRAFACIAL<sup>TM</sup>

Britenol™ boost to minimize the appearance of dark spots and sun spots. Uses red LED Light Therapy.

#### 4. AGE REFINEMENT

**HYDRAFACIAL**<sup>™</sup> DermaBuilder<sup>™</sup> boost to reduce signs of aging with the use of peptides. Uses red LED Light Therapy.

#### Platinum Hydra $Facial^{TM}$ THE ULTIMATE HYDRAFACIAL $^{TM}$ EXPERIENCE

begin this detoxification process with lymphatic drainage. Continue with a deep cleanse, extractions and hydration of the skin while addressing specific skin care concerns. This HydraFacial<sup>TM</sup> includes the CTGF<sup>TM</sup> Boost and concludes with red LED Light Therapy. The Platinum HydraFacial<sup>TM</sup> features face, neck and décolletage for a luxurious experience.

## facials

#### supreme luxury facial

with two professional masks and its unique resurfacing lotion, this treatment instantly reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity

#### beyond botox

defy the aging process with this incredible firming and anti-aging facial. The intelligent nutrients in the peptide packed Firming Peptide mask increases microcirculation and oxygen delivery, firms the skin, and promotes collagen and elastin production to reveal healthy, youthful glowing skin

#### youthful glow illuminating facial

brighten skin tone, reduce dark spots, and smooth away wrinkles with the perfect pairing of a 20% acid facial peel plus a soothing sheet mask

#### red carpet facial

experience the ultimate glow with this oxygen-infused treatment, designed to deliver controlled, activated oxygen at optimal levels for your skin. Ideal for addressing concerns like acne and rosacea, this facial helps to restore balance, leaving your skin brighter, deeply nourished, and radiant. Suitable for all skin types

### moisture quench hydrating facial

restore ideal moisture levels to all skin types with hydrating elements from the ocean

#### seaside solutions custom facial

customize a luxurious treatment with products designed to meet your skin's specific needs



#### FACIAL ADD ONS

Customize and enhance your facial with this collection of targeted treatments

#### dermaplane

dermaplaning removes unwanted peach fuzz (vellus hair) from the face and exfoliates the skin at the same time to create a smoother, glowing complexion

#### led light mask\*

utilize low level pulses of light to activate skin cells by converting light energy to promote healing and anti-aging and stimulate collagen formation

Blue - reduces frequency of acne breakouts

Red - smoothes fine lines, wrinkles, and diminishes sun spots

Red & Blue - effective in treating acne, rosacea and UV damage

\*available only on select facial services

#### eye perfection

mosturize, smooth and firm the delicate skin around the eyes

#### facial cupping

facial cupping is a therapy treatment that uses suction cups to stimulate your skin and face muscles. the suction promotes increased blood circulation, which may help relieve facial tension, promote cell repair, and aid in other regeneration

#### plumping lip smoother quench dry, chapped lips and combat the signs of aging around

ice globes

minimize puffiness, relief in sinus pressure, reduce redness and kick-starting circulation — which helps to provide a radiant glow to the skin

#### champagne of the sea localized detox (self heating mud)

a local application of Phytomer's warm, bubbly seaweed mud helps to relieve muscle tension and stress in your most over worked areas







# specialty treatments

sea glow body polish

enjoy a thorough exfoliation of the body with this effective mechanical scrub enriched with expert marine ingredients

after sun rescue & body firming wrap

anti-aging, firming after weight loss or childbirth, post sun

during this anti-aging body wrap every detail is looked after while cocooned in firming body gel, rich in anti-aging sea minerals

sea foam body wrap

muscle melter, tissue detox

for tight muscles, joints, and tendons an intensely active marine mud will soothe sore tissue while toxins are drawn from deep within. Includes a luxurious application of ultra-moisturizing body milk to complete the experience









## body treatments + massage

CBD restore wrap (does not contain THC) revitalize from head to toe after everyday exposure to the elements with this warm shea butter, lotus, and CBD scrub and wrap. Bring harmony to the body with this CBD and arnica enhanced service that cares for tired muscles, soothes skin and re-boots the mind. Energize and revitalize with this warm infusion of CBD, Icelandic moss and coconut oil. Gentle rhythmic massage is used in combination with the warm oil to relax, ease muscle tension, and stimulate circulation.

slimming algae jam body wrap

reinvent yourself with a 60-minute treatment to sculpt the figure, burn fat and reduce unwanted curves. Experience a whole-body slimming treatment, which combines a tonic massage and an original algae wrap, to refine curves, reshape and tone the silhouette.

#### sea holistic exfoliation & massage

combining light strokes, pressure and stretching, this Thai-inspired body massage eliminates tension knots one by one while providing gentle heat. The body scrub with marine salt crystals restores the skin's natural softness. Gradually, your mind surrenders to bliss, and a lasting sense of wellness sets in.



#### TREATMENT ADD ONS

#### foot treatment

exfoliation to the feet to remove dead skin cells and replenish with a rich moisturizing mask followed by a foot massage to relax your entire body.

champagne of the sea localized detox (self heating mud) a local application of Phytomer's warm, bubbly seaweed mud helps to relieve muscle tension and stress in your most over worked areas.

CBD relief (does not contain THC) bring harmony to the body with this organic CBD and passionflower enhanced service that cares for tired muscles, soothes skin and re-boots the mind.

#### back exfoliation

dead skin cells are exfoliated with a body gommage followed by hydrating lotion application. Leaves back smooth and hydrated.

#### aromatherapy

use of essential oils targeted for your specific need.

## massage

#### swedish relaxation massage

light relaxing pressure to reduce stress and relax the body

#### sports massage

sports massage includes different techniques that focus on manipulating the soft tissues of your body to correct imbalance caused by athletic performance with medium to firm pressure. Also applied with stretching techniques, beneficial for to those who are looking to improve their range of motion, increase flexibility and relieve muscle aches caused from recurrent activity

#### prenatal

this soothing massage session is designed specifically to release the tired and tense areas of the body that are most affected during pregnancy

#### deep tissue

firm to intense pressure to deeply relax areas of chronic tension & stress

#### hot stone massage

hot stone massage is a form of massage therapy that follows the same principles of Swedish Massage with the addition of heated stones, which helps lead to deep relaxation

#### himalayan salt stone massage

a full body, muscular massage using medium pressure to massage the entire body. The warmth of the stones helps in achieving a greater sense of relaxation. Enhancement to the body through the salt stones technique. This restorative massage provides deep relaxation and helps to relax body, mind and spirit

#### CABANA MASSAGES

#### swedish relaxation massage

light relaxing pressure to reduce stress and relax the body

#### deep tissue

firm to intense pressure to deeply relax areas of chronic tension & stress









Relax, Refresh, Recharge.

## nail care

a moisturizing scrub prepares the skin for nail shaping and a detailed cuticle grooming session. Skin is then hydrated with a gentle, relaxing massage and the experience concludes with a polish application for beautiful hands and feet.

- Classic Manicure & Pedicure
- Classic Spa Manicure
- CBD Relief Truffle Pedicure
- Classic Spa Pedicure
- Buff Pedicure
- Buff Manicure
- Polish change

- Acrylic soak off
- Add gel polish
- · Add soak off gel
- Dip Manicure
- Dip Manicure & Classic Pedicure
- Dip fill
- Dip soak off

#### CBD relief truffle pedicure (does not contain THC)

soul to sole care is at the heart of this CBD and warm shea butter spa pedicure that brings the skin and body into harmony. A soothing leg and foot massage with our CBD and age defying paracress infused Balance Oil eases muscle tension and cares for skin



## bridal & special events

Your wedding is one of life's most magical moments, and Spa Portofino is the perfect partner to help you, your bridal party, or your entire wedding party get ready for your big day. For parties of 4+, a dedicated Spa Group Coordinator will ensure your pre-wedding gathering is extraordinary in every way.

We'll help the blushing bride-to-be get ready to walk down the aisle with a special spa day designed to enhance her beauty and radiance.

Make it a *bridal shower spa party* or bring along the entire wedding party – bridesmaids, groom, and groomsmen – for *pre-wedding prepping and pampering*.

#### let's get this party started

Inquire at the Spa Desk or call 850.916.3455 to learn more and start planning your special day.





## how to spa

To avoid rushing the check-in process, spa guests should arrive a minimum of **20 minutes** prior to their first scheduled appointment. Guests are encouraged to relax in the spa lounge to give their mind an opportunity to enter a peaceful and tranquil state prior to receiving services. Spa guests receive a robe, slippers and a locker at check in. Special draping practices are used during all treatments for guest comfort and privacy. Bathing suits are required in the jacuzzi.

#### age requirements

No one under the age of 21 is permitted in the spa lounge or locker room area. Some spa services may be booked for our guest's under 18, if accompanied by an adult.

**I4-I7 YEARS** - Guest may receive any of the services offered, but a parent must sign the intake form & accompany them at all times.

**I8-20 YEARS** - Guest may receive any of the services offered and sign their own intake form, but are not permitted to use the spa amenities in the locker room. The guest will be escorted to and from the treatment room by their therapist.

#### cancellation notice

All services cancelled or changed within 24 hours will be charged the full rate.

## gratuity

A 20% gratuity will be added to all spa services.

## premier discount

Premier spa guests will receive a 10% discount on all spa services.

#### no show

Failure to arrive for appointment will be charged for the full cost of service, excluding the 20% gratuity.

PHONE NUMBER 850.916.3455 LICENSE NUMBER MM12897

